

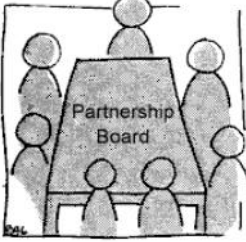

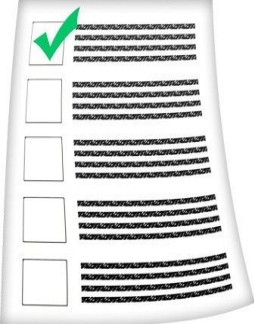




What the Mental Health and Learning Disabilities Partnership Board did in 2013 - 2014

Working Together

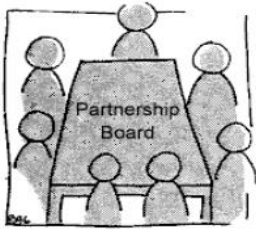


Easy Read version of the Mental Health and Learning Disabilities Partnership Board, Annual Report 2013-2014

What is in this report?	Page
	<p>About the Mental Health and Learning Disabilities Partnership Board</p> <ul style="list-style-type: none"> • What the board will do 4 • Who is on the Mental Health and Learning Disabilities Partnership Board? 5 • Other Partnership Boards 6
	<p>Joint Health and Wellbeing Strategy</p> <ul style="list-style-type: none"> • What is a strategy? 7 • What does it tell us? 7 • What are our priorities? 8
	<p>What we have done well</p> <ul style="list-style-type: none"> • Place of Safety 10 • Dementia Friendly City 11 • Mental Health and Learning Disabilities Services 11 • Mental Health Strategy 12 • Involving People 12
	<p>What we need to do better?</p> <ul style="list-style-type: none"> • Learning Disabilities Work 12 • Joint Health and Social Care Assessment Framework 13

	<p>What happens next?</p> <ul style="list-style-type: none">• What will we be doing in 2015 and 2016?	<p>15</p>
---	---	------------------

About the Mental Health and Learning Disabilities Partnership Board.



The Mental Health and Learning Disabilities Partnership Board (MHLDB for short) was set up in January 2013.



Paul Howatson joined the partnership board in January 2014. He thanked everyone who has been a member of the board for all their hard work and ideas.



The board meets once, every two months.



Anyone can attend the meeting.

The board have said they will:



Put the agenda for the meeting on their website 5 days before the meeting happens.



Set up a system so anyone who wants to say something about the work the board are doing can.

Who is on the Mental Health and Learning Disabilities Board?

The Partnership board is a big meeting. People who pay for and run things meet up with people who use the things they pay for. The meeting is for people like Councils, health groups and Speaking Up groups.

In York services and organisations work together to share ideas and make decisions. People who go to the meeting work for:



City of York Council



NHS Vale of York Clinical Commissioning Group and NHS Partnership Commissioning Unit (PCU)



North Yorkshire Police



Yorkcvs

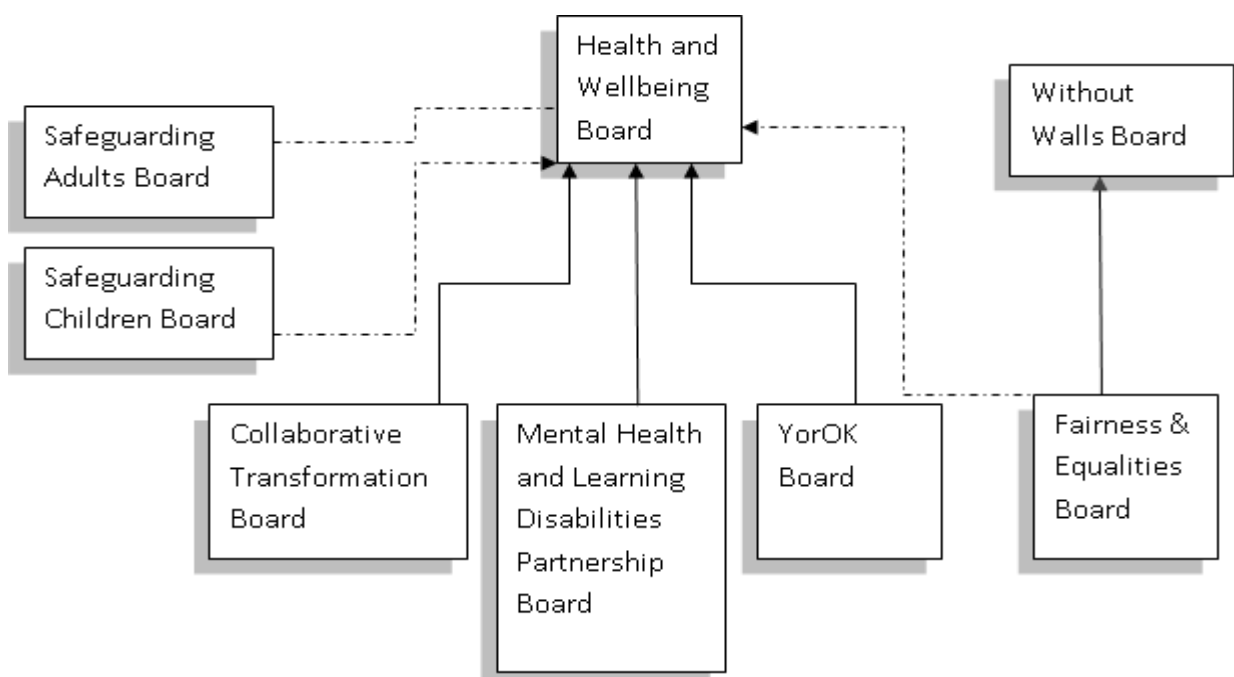


The meetings are open to the public. This means people who live in York can go and ask questions.

About the different partnership boards in York.

The Mental Health and Learning Disabilities Partnership Board must tell the **Health and Wellbeing Board** what work they have been doing.

You can see from the picture below there are lots of different boards who do this.

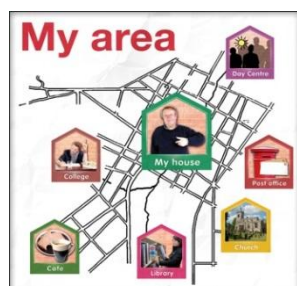


Joint Health and Wellbeing Strategy

The Mental Health and Learning Disabilities Partnership Board was set up because of the **Joint Health and Wellbeing Strategy**.



A **strategy** is a big plan made up of lots of smaller parts.



The Joint Health and Wellbeing Strategy 2013-2016 tells us lots of things about people who live in York.

Here are some of the things it tells us:

1. there are just under 26,000 York residents who have mental health problems

(Mental Health Problems are when people have strong feelings or think things that cause them lots of problems)

2. 800 people might have a learning disability. 170 of these people have a severe learning disability
3. 120 people might have Down's Syndrome
4. 2450 people could develop dementia

(Dementia is an illness or problem in the brain. People with dementia might get confused and forget lots of things)

The strategy tells us what work the board need to do.



The aim of the board is to improve people's mental health and help people to stay healthy.

The board have some **priorities** that will help them do this. (A priority is something we must do first because it is the most important thing)

1. Increasing understanding of mental health in York



They will do this by asking services and professionals in York to record information about mental health. This information can then be shared.

2. Raise awareness of mental health



They will do this by working together with other services. They will focus on how people can stay well in work and have an annual event about mental health.

3. Help people to stay healthy in their communities.



They will do this by training more people in Mental Health First Aid.



Record information about services and support in York that help people with mental health problems.

4. Look at how people plan, buy and use services so people have more choice and control



They will do this by helping people with a mental health problem have more choice and control about their housing.



Support people with dementia.

What have we achieved?



(An achievement is when you work hard at something, and do it really well)

Place of Safety



This is a place where people with mental health problems can be safe. The place of safety opened in February 2014 and is in Bootham Park Hospital.

Dementia Friendly City



Lots of people and services have been working together to make York a Dementia Friendly City.



There are **35** organisations that have become dementia friendly.

Mental Health and Learning Disabilities Services



The NHS Vale of York Clinical Commissioning Group and other organisations have worked together to look at what services people need so they can buy them.

Commissioners will decide who they think will be the best people to run these new services. (A commissioner is a council or health boss who buys things that people use)



A new **contract** will start in October 2015. This contract will say what services are needed for people with mental health problems and learning disabilities and who will run them.

(A contract is a deal or agreement between two people or groups of people)

North Yorkshire and York Mental Health Strategy.



We have started work on writing a new Mental Health Strategy. It will be finished sometime between April 2015 and March 2016.

Involving People?



The Mental Health and Learning Disabilities Board have been given information about what people think about how services are run.



There have been lots of different events where people have been able to join in and say what they think

What do we need to do better?



The Mental Health and Learning Disabilities Partnership Board know that that work around learning disabilities has not been a priority over the last two years.



They have been sent reports on Winterbourne in 2013 and 2014.



They have been sent reports in 2013 and 2014 about the **Joint Health and Social Care Assessment Framework**.



The Joint Health and Social Care Assessment is an assessment that happens once a year. It is a way of checking how good services are working for people with learning disabilities and their family members and family carers.

It helps us think about lots of different services. This includes things like:



Housing



Going to the doctors or the hospital



The Mental Health and Learning Disabilities Board will write a plan of work they need to do in 2015 for people with learning disabilities.



The Mental Health and Learning Disabilities Partnership Board have six meetings every year.



Two of these meetings will focus on learning disabilities and be **accessible**.

(If something is hard for disabled people, we say it has bad access. If something is easy for disabled people, we say it has good access. Another word for good access is accessible)



Having information in easy read makes it easier for people with learning disabilities.

What happens next?



The Mental Health and Learning disabilities Partnership Board have lots of work to do.

Here are some of the things they will be doing in 2015 and 2016.

1. Work will continue on the Joint Health and Wellbeing Strategy
2. Supporting more people with learning disabilities to join in with the work that is being done
3. Find out how young people can be supported with their mental health when they become an adult
4. Helping students in York to stay healthy
5. Asking people what the board members need to think about when planning services that people with dementia will use.